

December 11, 2011

Dear Researcher,

Thank you for your interest in the Attitudes Regarding Bisexuality Scale. The three versions of the scale were published in a scientific journal for use in the public domain. You do not need to contact any of the authors for permission to use these scales in noncommercial research. You may *not* use the scales for commercial purposes without permission.

The following pages contain the scale itself, as well as basic information about the scale. Please note that one of the scale items was incorrectly printed in the published scale development study. The correct information is presented in the attached pages, as well as in a published erratum.

If you have questions or concerns about the scale that are not addressed in these pages, then feel free to contact me using the contact information below. Best wishes with your research!

Sincerely,

A handwritten signature in black ink that reads "Jonathan Moore". The signature is written in a cursive style with a large, prominent 'M'.

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INFORMATION SHEET: *ATTITUDES REGARDING BISEXUALITY SCALE*

What does the Attitude Regarding Bisexuality Scale measure?

The Attitude Regarding Bisexuality Scale (ARBS) is designed to assess two dimensions of attitudes toward bisexual women and men. Tolerance, the first dimension, relates to the degree to which bisexuality is viewed as an acceptable, morally tolerable sexual orientation. Our research has indicated that this dimension is highly correlated with standard measures of attitudes toward lesbians and gay men. Stability, the second dimension, relates to the degree to which bisexuality is viewed as a legitimate, stable sexual orientation. Three forms of the ARBS have been developed to suit the different needs of researchers. The ARBS-Female/Male version (ARBS-FM) targets both female and male bisexuality, whereas the ARBS-Female version (ARBS-F) and ARBS-Male version (ARBS-M) target only female or male bisexuality. The ARBS-F and ARBS-M consist of identical items, except for the gender of the attitude target.

Which form of the ARBS should you use?

The choice of form should be guided by one's research question. If you are most interested in obtaining an overall index of attitudes regarding bisexuality, then the ARBS-FM may be a good choice. If you are interested only in attitudes toward bisexual women or attitudes toward bisexual men, then the ARBS-F or ARBS-M may be the best choice. If you are interested in comparing attitudes toward bisexual women with those toward bisexual men, then using both the ARBS-F and ARBS-M may make sense.

Are there other considerations in administering the ARBS?

The item about "American values" should probably be reworded as being about "societal values" or "social values" for non-American respondents. Also, please note that item #16 in the ARBS-FM was incorrectly targeted toward women in Table 1 of the scale development article (reference below). This handout includes the correct wording of the item.

How are the ARBS subscales scored?

ARBS-FM (Items followed by an "R" should be reverse scored.)

Stability = average of items 1R, 3R, 5R, 6, 8R, 11, 12R, 14R, 16, 18R

Tolerance = average of items 2R, 4R, 7, 9R, 10R, 13R, 15R, 17

ARBS-F (Items followed by an "R" should be reverse scored.)

Stability = average of items 1R, 3R, 5R, 7R, 9R, 11

Tolerance = average of items 2, 4R, 6R, 8R, 10R, 12R

ARBS-M (Items followed by an "R" should be reverse scored.)

Stability = average of items 1R, 3R, 5, 7R, 9R, 11R

Tolerance = average of items 2R, 4R, 6R, 8, 10R, 12R

What are the psychometric properties of the ARBS?

Data from both heterosexual and lesbian/gay samples of college students provided good initial support for the reliability and validity of the ARBS (see article listed below). Exploratory and confirmatory factor analyses were used to derive the subscales. In heterosexual college students, subscales (especially Tolerance) were related to variables such as political ideology, frequency of religious attendance, prior contact with bisexual people, and attitudes toward lesbians and gay men. In lesbian/gay college students, subscales (especially Stability) were related to variable such as prior experiences with bisexual people, desired contact with bisexual people, contact with heterosexual people, and sexual orientation identity. Before using the LGIS or LGBIS, we suggest that you read about the instrument development process in the following article:

Mohr, J. J., & Rochlen, A. B. (1999). Measuring attitudes regarding bisexuality in lesbian, gay male, and heterosexual populations. *Journal of Counseling Psychology, 46*, 353-369.

Attitudes Regarding Bisexuality Scale - Male/Female Form (Mohr & Rochlen, 1999)

Please read each of the following statements and rate them according to how accurately they describe your attitudes and beliefs. Please respond honestly and answer every question according to the rating scale below.

1-----2-----3-----4-----5
Strongly Disagree **Strongly Agree**

- 1. Most men who claim to be bisexual are in denial about their true sexual orientation.
- 2. The growing acceptance of female bisexuality indicates a decline in American values.
- 3. Most women who call themselves bisexual are temporarily experimenting with their sexuality.
- 4. Bisexual men are sick.
- 5. Male bisexuals are afraid to commit to one lifestyle.
- 6. Bisexual women have a clear sense of their true sexual orientation.
- 7. I would *not* be upset if my sister were bisexual.
- 8. Lesbians are less confused about their sexuality than bisexual women.
- 9. Bisexual men should *not* be allowed to teach children in public schools.
- 10. Female bisexuality is harmful to society because it breaks down the natural divisions between the sexes.
- 11. Male bisexuality is *not* usually a phase, but rather a stable sexual orientation.
- 12. Male bisexuals have a fear of committed intimate relationships.
- 13. Bisexuality in men is immoral.
- 14. The only true sexual orientations for women are homosexuality and heterosexuality.
- 15. As far as I'm concerned, female bisexuality is unnatural.
- 16. Just like homosexuality and heterosexuality, bisexuality is a stable sexual orientation for men.
- 17. Male bisexuality is *not* a perversion.
- 18. Most women who identify as bisexual have *not* yet discovered their actual sexual orientation.

Attitudes Regarding Bisexuality Scale - Female Form (Mohr & Rochlen, 1999)

Please read each of the following statements and rate them according to how accurately they describe your attitudes and beliefs. Please respond honestly and answer every question according to the rating scale below.

1-----2-----3-----4-----5
Strongly **Strongly**
Disagree **Agree**

- 1. Most women who identify as bisexual have *not* yet discovered their true sexual orientation. .
- 2. Female bisexuality is *not* a perversion.
- 3. Most women who call themselves bisexual are temporarily experimenting with their sexuality.
- 4. As far as I'm concerned, female bisexuality is unnatural.
- 5. Female bisexuals are afraid to commit to one lifestyle.
- 6. The growing acceptance of female bisexuality indicates a decline in American values.
- 7. Most women who claim to be bisexual are in denial about their true sexual orientation.
- 8. Female bisexuality is harmful to society because it breaks down the natural divisions between the sexes.
- 9. Lesbians are less confused about their sexuality than bisexual women.
- 10. Bisexuality in women is immoral.
- 11. Just like homosexuality and heterosexuality, bisexuality is a stable sexual orientation for women.
- 12. Bisexual women are sick.

Attitudes Regarding Bisexuality Scale - Male Form (Mohr & Rochlen, 1999)

Please read each of the following statements and rate them according to how accurately they describe your attitudes and beliefs. Please respond honestly and answer every question according to the rating scale below.

1-----2-----3-----4-----5
Strongly **Strongly**
Disagree **Agree**

- 1. Most men who claim to be bisexual are in denial about their true sexual orientation.
- 2. Male bisexuality is harmful to society because it breaks down the natural divisions between the sexes.
- 3. Gay men are less confused about their sexuality than bisexual men.
- 4. Bisexuality in men is immoral.
- 5. Just like homosexuality and heterosexuality, bisexuality is a stable sexual orientation for men.
- 6. Bisexual men are sick.
- 7. Most men who identify as bisexual have *not* yet discovered their true sexual orientation. .
- 8. Male bisexuality is *not* a perversion.
- 9. Most men who call themselves bisexual are temporarily experimenting with their sexuality.
- 10. As far as I'm concerned, male bisexuality is unnatural.
- 11. Male bisexuals are afraid to commit to one lifestyle.
- 12. The growing acceptance of male bisexuality indicates a decline in American values.